

- The person who is unconscious for more than six Salahs, e.g. a person fell unconscious at 10:00 am until Zuhr the next day, i.e. when Zuhr time enters, the person shall be absolved of all the missed Salah.

- This provision is also applicable to an insane person, following the same time duration, as mentioned above.

The one who is NOT excused (upon whom Salah will be compulsory)

- The sick person is permitted to perform his Salah sitting, due to his inability to stand or due to his weakness.

- In a sitting position, the Ruku is made by bending slightly forward, and the Sajda is made normally. However, if Sajda cannot be made normally, then the Sajda should be made by lowering and bending forward a little more than the Ruku.

- In the case of a person who is unable to sit, then he may:

- lie on his back with the feet facing the Qibla.

- If he cannot lie on his side, then he should face the body towards Qibla.

- In this posture too, Ruku and Sajda should be made. However, remembering that the Sajda posture should be lower than the Ruku posture.

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DUAS & SALAH OF A SICK PERSON

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As Muslims we need to turn to Allah Ta'ala at all times for His help and guidance. Nabi ﷺ has graced us with many supplications (Duas) as a constant reminder of Allah Ta'ala and the hereafter.

Some duas as prescribed by Nabi ﷺ are listed below

1. Hazrat Ayesha (RA) reports that when Nabi ﷺ rested (for the night) on his bed, he clasped his hands and blew into it after reading: Surah Ikhlāas, Surah Falaq and Surah Naas.

Then Nabi ﷺ would pass his palms over his Mubarak body to wherever possible - beginning from the head, face and then to the rest of his body. He would pass his Mubarak palms three times over his Mubarak body.

Hazrat Ayesha (RA) adds that whenever she would complain of pain, the beloved of Allah Ta'ala would advise her to do likewise.

(Bukhari / Muslim)

2. Place the right hand on the painful area and recite Bismillah thrice.

Thereafter recite the Dua below, seven times

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ

“I seek protection in the honour of Allah Ta'ala and His Power against painful feelings and fears”. (Muslim)

3. Recite Aayat-e-Kareemah

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ
إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

“There is none worthy of worship except You. All purity belongs to You. Surely I am from among the wrong-doers”.

It is mentioned in the Hadith, when a Muslim recites the Ayat-e-Kareemah forty (40) times during his illness and if he dies because of the same illness, he will receive the reward of forty (40) martyrs. In addition, if he recovers, all his sins will be forgiven. (Alhisnul Haseen)

4. The following Dua may also be recited excessively:

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ
لَا شَرِيكَ لَهُ لَا إِلَهَ إِلَّا اللَّهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ
لَا إِلَهَ إِلَّا اللَّهُ وَ لَا حَوْلَ وَ لَا قُوَّةَ إِلَّا بِاللَّهِ

“None is worthy of worship except Allah and Allah is great. None is worthy of worship except Allah; He is One; none is worthy of worship except Allah; He is the One and has no partner. None is worthy of worship except Allah. To Him belongs the sovereign and all praise is due to Him. None is worthy of worship except Allah and there is no power to do good and there is no strength to avoid evil except by the Will of Allah”.

It is mentioned in the Hadith that whosoever continues to recite the above Kalimaat during his illness, the fire of Jahannum will not be able to scorch him if he dies due to the same illness. (Ibn Majah)

5. Hazrat Anas ؓ relates that once Rasulullah ﷺ visited a sick person. He noticed that the person had become weak and helpless, due to the difficulties he was experiencing. Rasulullah ﷺ asked him if he was making any particular Dua or asking (Allah Ta'ala) for anything. The man replied:

“Yes, this Dua, ‘O Allah, whatever punishment is destined for me in the Akhirah, give it to me quickly in this world’.”

Rasulullah ﷺ said: “Subhan Allah! Neither do you have the strength for this, nor do you possess the ability to bear it. Why did you not rather make the following Dua ...”

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي
الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

“O Allah! Grant us good in this world and in the Akhirah and save us from the punishment of the fire.”

Thereafter Rasulullah ﷺ made Dua for him and Allah Ta'ala cured him. (A'malul Youmi Wal Laylah)

Salah of a Sick Person

Salah is the foremost Ibadah (worship). At no cost can one miss Salah, irrespective of the condition. There is definitely no excuse or reason to miss Salah even during illness. As a matter of convenience and ease, the Shariah has adopted certain rules and Masa'il specifically for the sick person.

The one who is excused from Salah (i.e. one upon whom Salah will NOT be compulsory)

- The sick person who is unable to move his body including the head, is excused from performing Salah. **Note:** He cannot perform his Salah using his eyes, eyebrows, or his heart.